

## **Driving Directions**

### **From the South:**

Take 95 North to Exit 3 (Greenland / Portsmouth). At the end of the exit ramp, turn right onto Route 33 / Greenland Road. Follow Greenland Road for about three-fourths of a mile, until it turns into Middle Road. At the intersection of Middle Road and Islington Street, you'll see a cemetery on your right and a Little League field in the crook of the intersection. Turn left onto Islington Street and follow it for a little less than a mile. As you near our building, Islington Street crosses over a divided highway. Look for a water tower on a hill to your right. Just after crossing the highway, turn left into Gateway Village. Reception is on the third floor of the yellow office building.

### **From Concord using I-89 and from Manchester using 101:**

Take 89 South to Route 101 East toward the Seacoast. Follow Route 101 to the exit for I-95. Go through the toll booth and stay straight, entering 95 North. Take 95 North to Exit 3 (Greenland / Portsmouth). At the end of the exit ramp, turn right onto Route 33 / Greenland Road. Follow Greenland Road for about three-fourths of a mile, until it turns into Middle Road. At the intersection of Middle Road and Islington Street, you'll see a cemetery on your right and a Little League field in the crook of the intersection. Turn left onto Islington Street and follow it for a little less than a mile. As you near our building, Islington Street crosses over a divided highway. Look for a water tower on a hill to your right. Just after crossing the highway, turn left into Gateway Village. Reception is on the third floor of the yellow office building.

### **From Maine Points North:**

Take 95 South to Exit 5 (US-4 / Route 16). At the bottom of the exit ramp, stay in the right lane. The road will curve right, merging with Route 16 South. Follow Route 16 South to the Portsmouth Traffic Circle. Take the third exit – Route 1-Bypass North – off the traffic circle and immediately turn right onto the Woodbury Avenue exit ramp. The ramp passes a Bickford's Family Restaurant, then a Holiday Inn, both on the right. At the top of the ramp, turn right onto Woodbury Avenue. After a few hundred yards, Woodbury Avenue curves left, becomes a one-way street and ends at a stop sign. At the stop sign, turn right onto Bartlett Street and follow it under the stone bridge. Just beyond the bridge you'll stop at a three-way intersection with a CVS and a Blockbuster Video visible across the street. At this intersection, turn right onto Islington Street. About a third of a mile up the street, turn right into Gateway Village. Reception is on the third floor of the yellow office building.

### **From Points North using Route 16 / Spaulding Turnpike:**

Take Route 16 South to the Portsmouth Traffic Circle. Take the third exit – Route 1-Bypass North – off the traffic circle and immediately turn right onto the Woodbury Avenue exit ramp. The ramp passes a Bickford's Family Restaurant, then a Holiday Inn, both on the right. At the top of the ramp, turn right onto Woodbury Avenue. After a few hundred yards, Woodbury Avenue curves left, becomes a one-way street and ends at a stop sign. At the stop sign, turn right onto Bartlett Street and follow it under the stone bridge. Just beyond the bridge you'll stop at a three-way intersection with a CVS and a Blockbuster Video visible across the street. At this intersection, turn right onto Islington Street. About a third of a mile up the street, turn right into Gateway Village. Reception is on the third floor of the yellow office building.